2nd Annual 22q11 DS Family Conference, Saturday November 7th
Tentative Program

8:45 – 9:10 Registration and Child Care Drop-off

9:10 – 9:15 Welcoming Remarks: Jeremy Paulus and Christine MacDonald

9:15 – 9:45 Joint Symposium
- What You Need To Know About 22q- Resources and What is New Cheryl Cytrynbaum
- Disability Financial Resources, Nikki Mulvihill

9:45 – 10:45 Key Note Speaker – Donna Cutler Landsman

10:45 – 11:00 Refreshment Break

11:00 – 11:55 Concurrent Workshop Streams

	Parents of Children with 22q11 DS	Parents of Teens/Young Adults with 22q11 DS	Teens with 22q11 DS (12 to 17) Young Adults with 22q11 DS (18-25) 2 Streams will be available
11:00 – 11:20	**Disclosure of Diagnosis** Presenter: TBD	**Transition Information for Parents/Caregivers** Presenter: Good to Go	**Understanding 22q11 DS – what it means for you** Presenters: Andrea Shugar & Cheryl Cytrynbaum
11:20 – 11:35	**Music Therapy** Presenter: Sara Clark	**Dalglish Family Hearts & Mind Clinic: Transitioning into Adult Health Care** Presenter: Dr. Erik Boot	**Relationships and Dating for teens and young adult, including social media, (2 streams)** Presenter: Lisa Palmer 12-17 years Presenter: Pam McFarlane 18-25 years
11:35 – 11:55	**Promoting Social Success in Children** Presenter: Dr.Khush Amaria, Psychologist		

12:00– 1:15 Lunch Together in the SickKids Atrium Terrace
- Ms. Mulvihill will be available over the lunch hour to answer questions
- Camp Kodiak representative available for questions
- Sara Clarke will be doing a music therapy demo at 12:55 for children 6 months – 5 years old.
- Susan Bassett from Opening Hearts

1:15- 2:15 Concurrent Workshop Streams - Topics

	Parents of Children with 22q11 DS	Parents of Teens/Young Adults with 22q11 DS	Teens with 22q11 DS (13 to 19) Young Adults with 22q11 DS (18-25)
1:15- 1:45	**Impact of Diagnosis on Siblings** Presenter: Pam McFarlene & Jacob Sutherns Consider having a sibling as part of this discussion and have time for open forum discussion		**Transition Group for Teens** Presenter: Good to Go • Icebreaker • Transition Jenga • Timelines • Role Play • MyHealth Passport • Nutrition (Samantha Cooper) • Dalglish Family Hearts & Miind Clinic (Presenter: Dr. Erik Boot)
1:45 – 2:15	**Opportunity to Share Strategies and Successes** Informal Group Discussion Facilitator: Cheryl Cytrynbaum	**Opportunity to Share Strategies and Successes** Informal Group Discussion Facilitator: Andrea Shugar	
2:15-2:45	**Navigating the Education System** Presenter: Elizabeth Saunders Provide framework from how kids with 22q11 fit into the definition of who is exceptional. Overview of accommodations vs. modifications and teaching parents the IEP language	**Mental Health Needs of Teens with 22q11 DS** Presenter: TBD	**Let's Talk! Living with 22q:** • Meet a young adult living with 22q • Ask the experts all of your questions (Lisa Palmer, Pam McFarlene, Andrea Shugar)

2:45– 3:00 Refreshment Break

Concurrent Session:

3:00 – 3:30 Advocacy & Developing Independence, Presenter: Lisa Palmer

3:30 – 4:10 Panel: Living with 22q11 DS, Parent/Teen/Adult/Teacher – Lorraine Sutherns, Susan Bassett, others TBD

4:10 – 4:15 Closing Remarks, End of day