## 2nd Annual 22q11 DS Family Conference, Saturday November 7th

### Tentative Program

**8:45 – 9:10**  
Registration and Child Care Drop-off

**9:10 – 9:15**  
Welcoming Remarks: Jeremy Paulus and Christine MacDonald

**9:15 – 9:45**  
Joint Symposium  
- What You Need To Know About 22q: Resources and What is New  
- Cheryl Cytrynbaum  
- Disability Financial Resources, Nikki Mulvihill

**9:45 – 10:45**  
Key Note Speaker – Donna Cutler Landsman

**10:45 – 11:00**  
Refreshment Break

### 11:00 – 11:55 Concurrent Workshop Streams

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<th>Workshop Streams</th>
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| 11:00 – 11:20 | **Parents of Children with 22q11 DS**  
Presentation: TBD  
**Parents of Teens/Young Adults with 22q11 DS**  
Presentation: Good to Go  
**Teens with 22q11 DS (12 to 17)**  
Young Adults with 22q11 DS (18-25)  
2 Streams will be available  
Presentation: Dr. Erik Boot |
| 11:20 – 11:35 | **Music Therapy**  
Presentation: Sara Clark  
**Dalghish Family Hearts & Mind Clinic: Transitioning into Adult Health Care**  
Presentation: Dr. Erik Boot  
**Relationships and Dating**  
for teens and young adult, including social media, (2 streams)  
Presentation: Lisa Palmer  
12-17 years  
Presentation: Pam McFarlane 18-25 years |
| 11:35 – 11:55 | **Promoting Social Success in Children**  
Presentation: Dr. Khush Amaria, Psychologist  
**Disclosure of Diagnosis**  
Presentation: TBD |

### 12:00 – 1:15  
Lunch Together in the SickKids Atrium Terrace  
Ms. Mulvihill will be available over the lunch hour to answer questions  
Camp Kodiak representative available for questions  
Sara Clarke will be doing a music therapy demo at 12:55 for children 6 months – 5 years old.  
Susan Bassett from Opening Hearts

### 1:15 – 2:15 Concurrent Workshop Streams - Topics

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| 1:15 – 1:45 | **Impact of Diagnosis on Siblings**  
Presentation: Pam McFarlane & Jacob Suthens  
Consider having a sibling as part of this discussion and have time for open forum discussion  
**Opportunity to Share Strategies and Successes**  
Informal Group Discussion  
Facilitator: Cheryl Cytrynbaum  
**Mental Health Needs of Teens with 22q11 DS**  
Presentation: TBD  
**Transition Group for Teens**  
Presentation: Good to Go  
Icebreaker  
Transition Jenga  
Timelines  
Role Play  
MyHealth Passport  
Nutrition (Samantha Cooper)  
Dalghish Family Hearts & Mind Clinic (Presenter: Dr. Erik Boot)  
Let’s Talk! Living with 22q:  
Meet a young adult living with 22q  
Ask the experts all of your questions (Lisa Palmer, Pam McFarlane, Andrea Shugar) |
| 1:45 – 2:15 | **Navigating the Education System**  
Presentation: Elizabeth Saunders  
Provide framework from how kids with 22q11 fit into the definition of who is exceptional. Overview of accommodations vs. modifications and teaching parents the IEP language  
**Opportunity to Share Strategies and Successes**  
Informal Group Discussion  
Facilitator: Andrea Shugar  
**Panel: Living with 22q11 DS, Parent/Teen/Adult/Teacher**  
Lorraine Sutherns, Susan Bassett, others TBD |

### 2:45– 3:00  
Refreshment Break

### Concurrent Session:

**3:00 – 3:30**  
Advocacy & Developing Independence, Presenter: Lisa Palmer

**3:30 – 4:10**  
Panel: Living with 22q11 DS, Parent/Teen/Adult/Teacher – Lorraine Sutherns, Susan Bassett, others TBD

**4:10 – 4:15**  
Closing Remarks, End of day